



**WALKING ON
IN TIMES OF
DESPAIR**

DESPAIR

HOPELESSNESS

SOURCE OF DESPAIR

YOUR FAULT

YOUR FAULT

CONFESSION

REPENTANCE

COMMUNION

PSALM 32

When I kept silent,
my bones wasted away
through my groaning all day long.

4 For day and night
your hand was heavy on me;
my strength was sapped
as in the heat of summer.

5 Then I acknowledged my sin to you
and did not cover up my iniquity.

I said, “I will confess
my transgressions to the Lord.”

And you forgave
the guilt of my sin.

SOURCE OF DESPAIR

**NOT YOUR
FAULT**

An easy life.

Blessings from God.

If we are good, God will bless us.

Want things to make us feel good.

moralistic-therapeutic-deism

RIGHT & WRONG

HELPS US

GOD

**DESPAIR
ASKS:**

**WHERE ARE
YOU GOD?**

An easy life.

Blessings from God.

If we are good, God will bless us.

Want things to make us feel good.

An easy life.

Blessings from God.

If we are good, God will bless us.

Want things to make us feel good.

JOB

DESPAIR
ASKS:

**WHERE DO
YOU STAND?**

**For I know that my Redeemer lives,
and at the last he will stand upon the earth.
And after my skin has been thus destroyed,
yet in my flesh I shall see God,
whom I shall see for myself,
and my eyes shall behold, and not another.
My heart faints within me!
If you say, ‘How we will pursue him!’
and, ‘The root of the matter is found in him,’
be afraid of the sword,
for wrath brings the punishment of the sword,
that you may know there is a judgment.”**

Job 19:25-29

DESPAIR
ASKS:

WHO'S IN CHARGE?

A difficult future.
A painful present.
A crying out in desperation.

A difficult future.

A painful present.

A crying out in desparation.

JESUS

39 Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.”

...

42 He went away a second time and prayed, “My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done.”

Matthew 26:39 & 42

**DESPAIR
ASKS:**

**WHAT DO I
DO?**

I feel hopeless.

I want to give up.

Life feels like suffering.

When will this struggle end?

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

2 Corinthians 4:16-18

**GOD IS
SOVEREIGN**

**SO TAKE
HEART**