



THE THINGS WE SAY:
I'M NOT ALONE,
I'M LONELY.

Alone vs. Lonely

Alone *adj, adv*

EXTERNAL

separated, no one
around you, in a
physical sense

Examples:

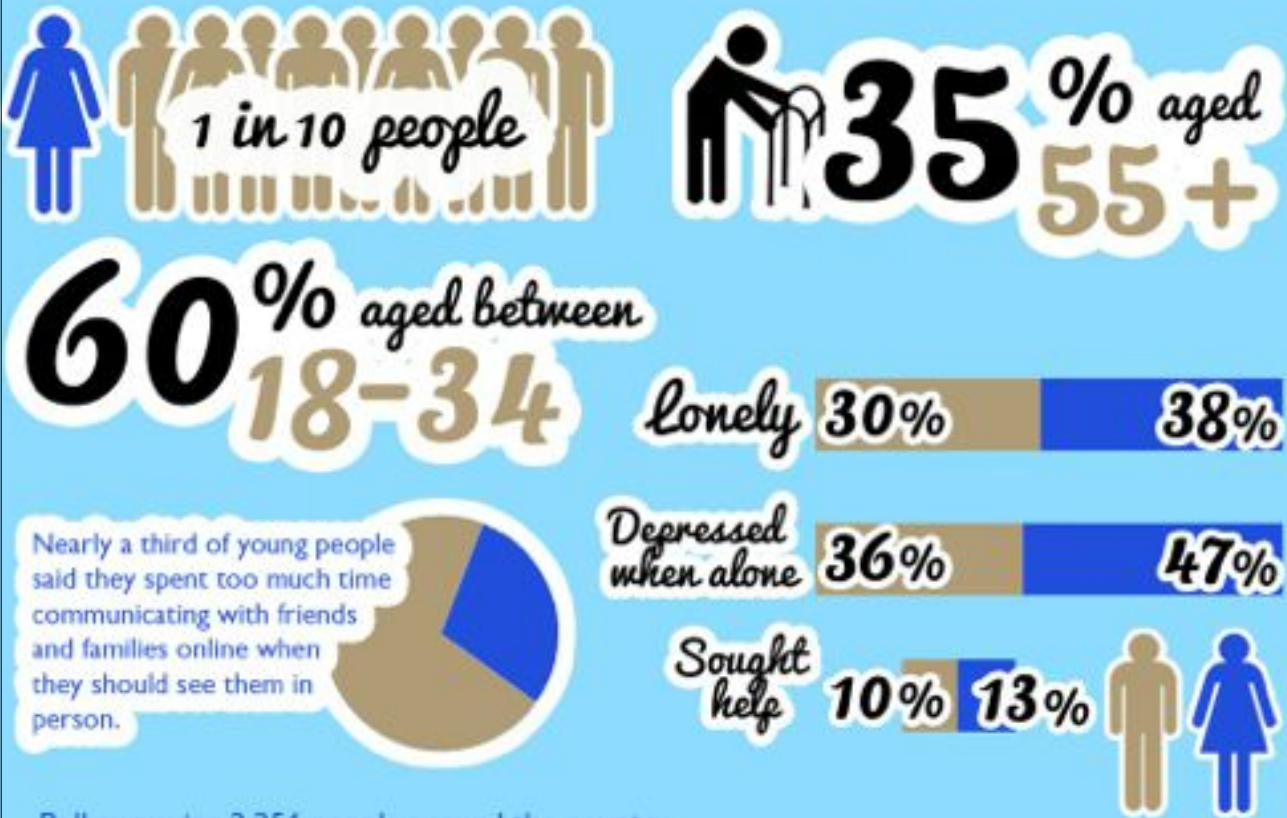
“I need to be alone to revise”
“When her parents got home
she was alone in her room
studying”

Lonely *adj*

INTERNAL

separated and affected;
causing a you to feel
unhappy, isolation in an
emotional sense.

“Frank is a very lonely guy”
“He started feeling lonely
after moving to Japan, so he
decided to come back home.”



Poll surveying 2,256 people around the country

Mental Health Foundation, the Lonely Society Report, UK May 2010

Elijah | Kings 19

19 Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. **2** Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me and more also, if I do not make your life as the life of one of them by this time tomorrow." **3** Then he was afraid, and he arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there.

4 But he himself went a day's journey into the wilderness and came and sat down under a broom tree. And he asked that he might die, saying, "It is enough; now, O Lord, take away my life, for I am no better than my fathers."

Elijah | Kings 19

5 And he lay down and slept under a broom tree. And behold, an angel touched him and said to him, “Arise and eat.” 6 And he looked, and behold, there was at his head a cake baked on hot stones and a jar of water. And he ate and drank and lay down again. 7 And the angel of the Lord came again a second time and touched him and said, “Arise and eat, for the journey is too great for you.” 8 And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God.

Elijah | Kings 19

9 There he came to a cave and lodged in it. And behold, the word of the Lord came to him, and he said to him, “What are you doing here, Elijah?” 10 He said, “I have been very jealous for the Lord, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away.” 11 And he said, “Go out and stand on the mount before the Lord.” And behold, the Lord passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the Lord, but the Lord was not in the wind. And after the wind an earthquake, but the Lord was not in the earthquake. 12 And after the earthquake a fire, but the Lord was not in the fire. And after the fire the sound of a low whisper.

Elijah | Kings 19

13 And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave. And behold, there came a voice to him and said, "What are you doing here, Elijah?" 14 He said, "I have been very jealous for the Lord, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away."

Elijah | Kings 19

15 And the Lord said to him, "Go, return on your way to the wilderness of Damascus. And when you arrive, you shall anoint Hazael to be king over Syria. 16 And Jehu the son of Nimshi you shall anoint to be king over Israel, and Elisha the son of Shaphat of Abel-meholah you shall anoint to be prophet in your place. 17 And the one who escapes from the sword of Hazael shall Jehu put to death, and the one who escapes from the sword of Jehu shall Elisha put to death. 18 Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Elijah | Kings 19

19 So he departed from there and found Elisha the son of Shaphat, who was plowing with twelve yoke of oxen in front of him, and he was with the twelfth. Elijah passed by him and cast his cloak upon him. 20 And he left the oxen and ran after Elijah and said, "Let me kiss my father and my mother, and then I will follow you." And he said to him, "Go back again, for what have I done to you?" 21 And he returned from following him and took the yoke of oxen and sacrificed them and boiled their flesh with the yokes of the oxen and gave it to the people, and they ate. Then he arose and went after Elijah and assisted him.

God helps Elijah

Physically: bread and sleep

Emotionally: God's presence and encouragement

Spiritually: Encouragement to follow God again

Socially: Telling him there are others

The Worldly Diagnosis

“Marital affair dating”

people looking for additional uncomplicated excitement

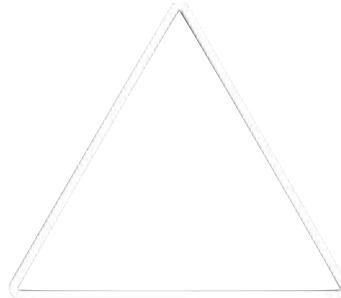
“Feeling bored and lonely?”

explore millions of life stories and experiences,
including your own.

“Meet lonely Christian men” meet Christian
singles online now, **“Follow the way of love”** Corinthians 14.1

“It’s not good for us to be alone”

God the Father
God the Son
God the Holy Spirit

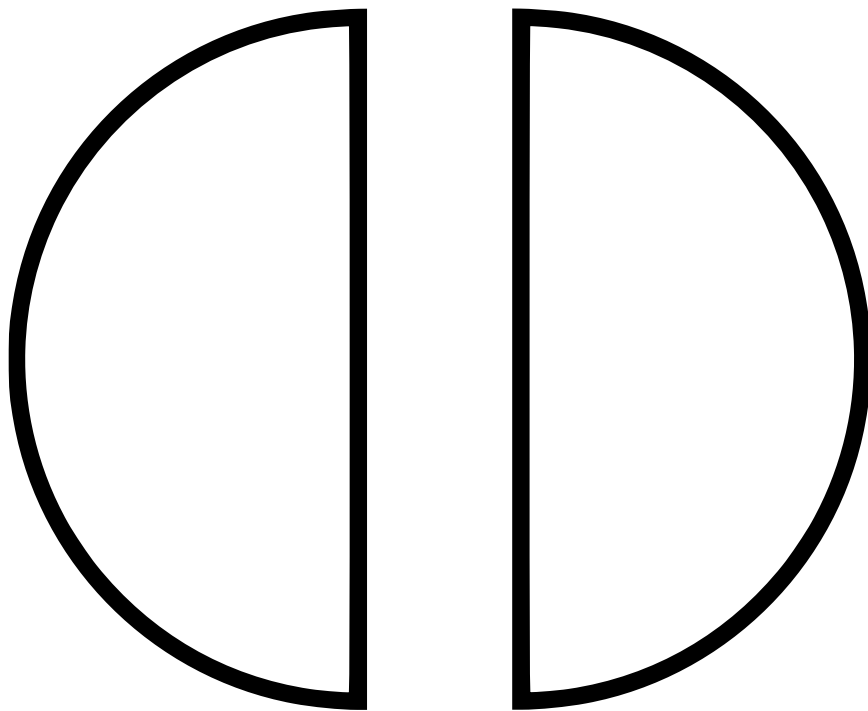
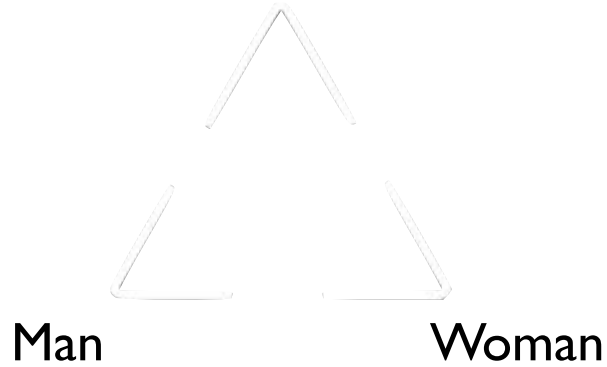


Man

Woman

“It’s not good for us to be alone”

God the Father
God the Son
God the Holy Spirit

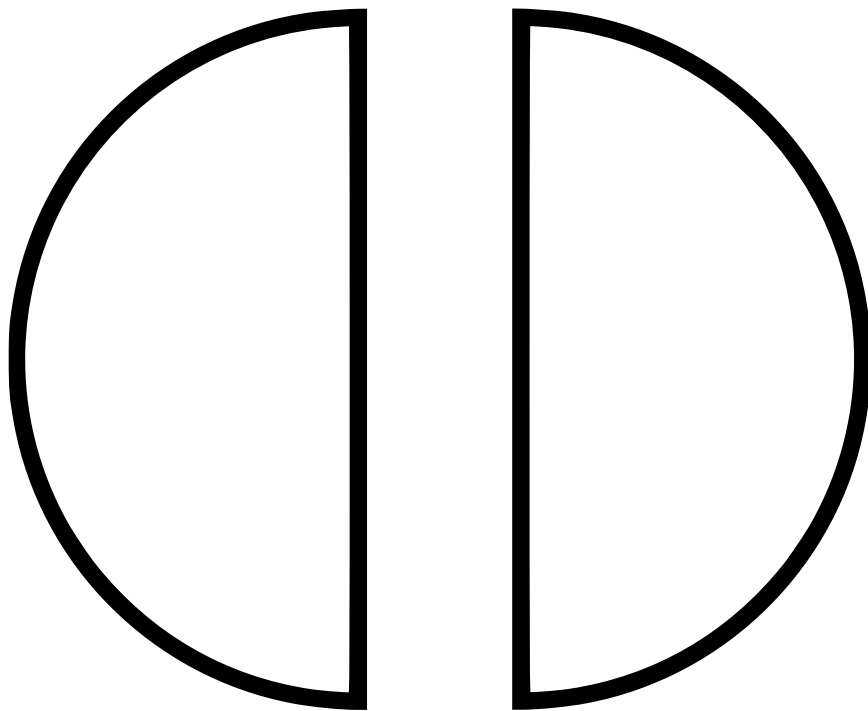


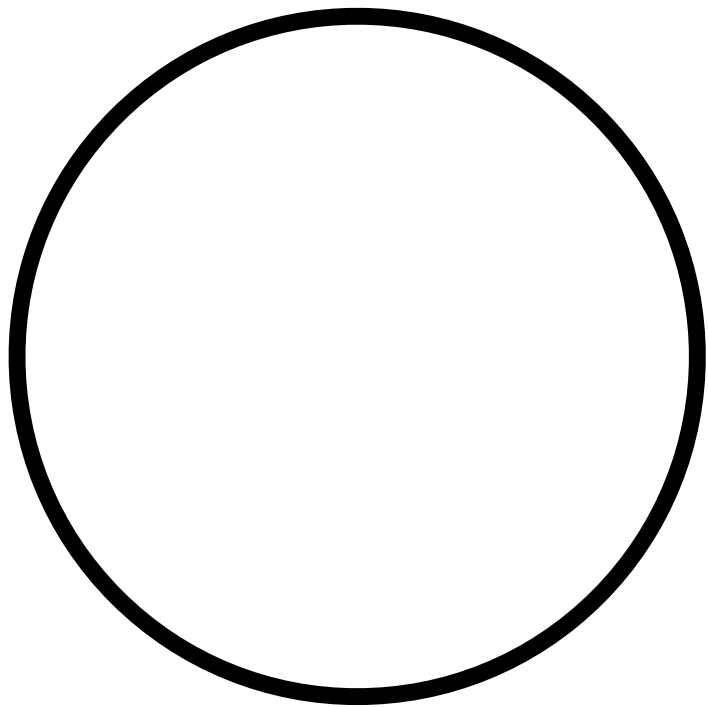
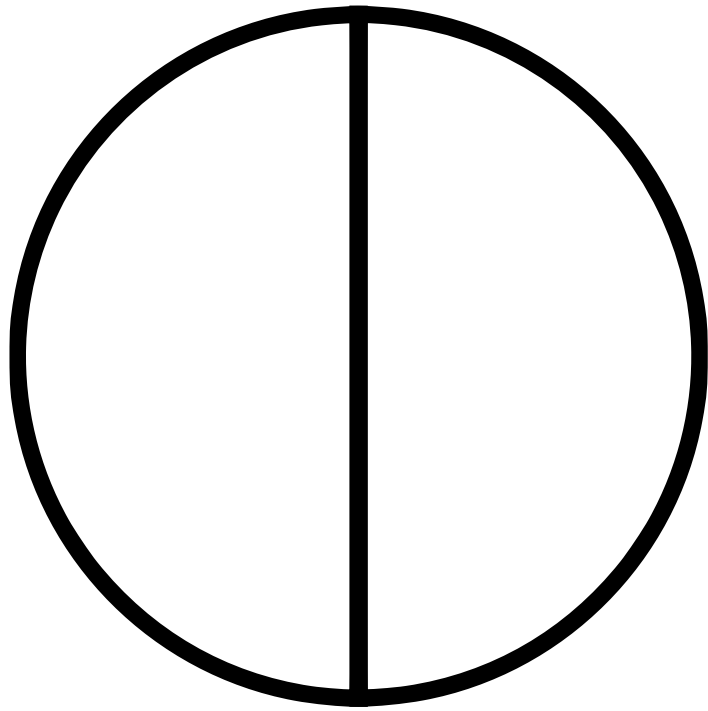
“One of the surprises in store for most brides and grooms is that they are still lonely...”

Marriage teaches us that even the most intimate human companionship cannot satisfy the deepest places of the heart. Our hearts are lonely till they rest in Him who made us for Himself...

The Bible promises me that my God, not my husband, shall supply all my needs...”

“The Path of Loneliness” Chapter 13 –Elizabeth Elliot,





We are made complete

Colossians 2:8-10

8 See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. 9 *For in Christ all the fullness of the Deity lives in bodily form,* 10 *and in Christ you have been brought to fullness.*

Jesus was lonely

Voluntary loneliness

Involuntary and painful loneliness

My God, My God,
why have you forsaken me?

Turn your loneliness into solitude

Physically

Emotionally

Spiritually

Socially