

LIFEGROUPS

LIVING CHRIST : CAIN & ABEL

Read Genesis 4, Hebrews 11:4

1. Describe Cain and Abel's brotherly relationship, their similarities and differences.
2. Why did the Lord look with favour upon Abel and his offering but not upon Cain and his offering (v 3-7)?
3. Why did Cain murder Abel?
4. How does 4:7 illustrate the nature of sin and what is our response to it? What resources do we have to overcome sin?
5. How does the Lord protect Cain? Why did he do so? In doing so, how does this give us encouragement?
6. Cain's family is a picture of humanity—showcasing mankind plunging further into sin, by moral decline. Would you say this trend is currently reflected in our own civilisation today? If so, in what ways?
7. How do we deal with anger, frustration and jealousy? How does the bible say we should deal with these things?
8. Do you think you have the right attitude when you come to worship, give offerings to the Lord? What are some things that affect your attitude that you need to surrender and pray about today?

Leaders Notes

These notes are here as guidelines or commentary notes to help the leader. Let the Word of God lead you and your Lifegroup to HEAR God's prophetic message this week as you explore His Word together.

A little context regarding this week's study

Genesis 4 shows the first natural birth, first siblings, first farmer and tenderer, first death, first murder and first murderer.

Although they both have contrasting occupations, it does not mean God favours animal offerings over plant offerings. Abel offered his offering with more devotion, offering his best. It was Cain's heart that proves a bad attitude, fundamentally demonstrated through his resentment towards his brother, thus resulting in murder.

Abel's murder showcases jealousy probably coupled with anger towards God. When the Lord confronts Cain with his crime, his coldhearted nature causes him to deny any knowledge of Abel. His punishment adds to the alienation between man and God, as sin distances us from God. Cain is immediately conscious of the severity of the punishment and fears being alienated from society, so the Lord reassures Cain by putting a mark on him protecting him.