

# LIFEGROUPS

## MISSIONS MONTH : CITY ON A HILL

### Read Matthew 5:13-16

1. Who are the salt of the earth and light of the world?
2. What is the purpose of salt in our everyday lives and how does this translate in the metaphor to our Christian lives?
3. Can salt lose its saltiness? Can Christians be not salty?
4. If we are the light of the world, what does it mean for us to be put on a stand?
5. Are you "on a stand" or "under a bowl"?

### Read Ephesians 5:1-20

6. What contrasts are drawn between those who are darkness and those who are light?
7. Why do you think some people hide from light?
8. Day 17 of the 40 Acts Challenge over lent refers to Matthew 5:13 and comments that:

*Politeness is actually quite simple, but often we're so busy that we forget the basics. Smile at people today. Hold open doors and let others go first. Be kind on the roads, courteous in the gym and show grace to those you think deserve it least.*

What actions will you take tomorrow to be salt and light in the world? How can you be a "city on a hill"?

### Leaders Notes

These notes are here as guidelines or commentary notes to help the leader. Let the Word of God lead you and your Lifegroup to HEAR God's prophetic message this week as you explore His Word together.

### A little context on Matthew 5:13-16

These few verse is Matthew 5 is part of what is often know as the "Sermon on the Mount". The Sermon on the Mount is a passage in scripture where Jesus presents a lengthy discourse, on a variety of topics, teaching his disciples how to live as God desires.

Jesus often uses metaphors, analogies and parables which are often memorable but also require the listener to think over his words to tease out the truths within them.