
Summer
Time!


relaxing!


How do you
get rest?


How do you
get rest for
your soul?


Psalm 23



Safety & Welfare of the sheep
Making sure

1. don’t eat poison
2. don’t get lost
3. lead them to someplace where they can eat welll
4. protect from predators
5. protecting from diseases
5. trimming them — their hair doesn’t fall out



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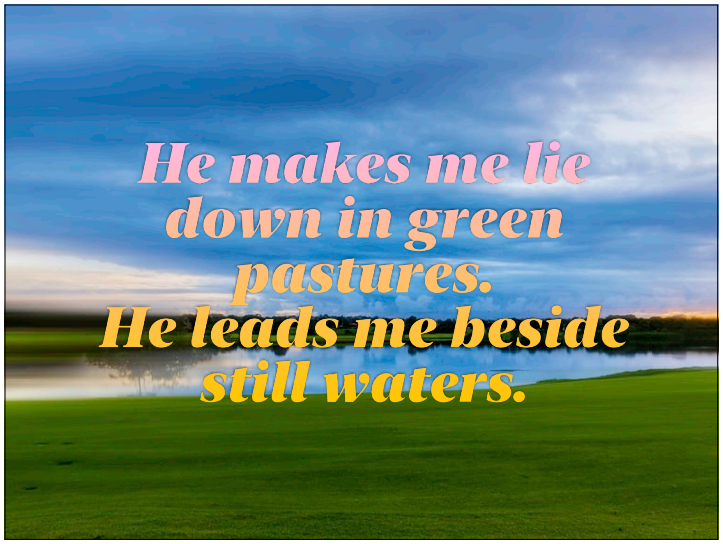


The Lord is my shepherd;
I shall not want.



2. oh wait, i see that, i'll go over there, if i just have that i'll be happier, if i just have that it'll be better,

3. But we don't know that what we've eaten is poison, or something damaging



He makes me lie down in green pastures.
He leads me beside still waters.



. In the summer, we kept telling people to drink water

6. Make sure you get rest

7. But we're very good at administering advice, but not good at taking it for ourselves

8. Try and rest — but it's not just random resting — it's learning how to drink from God's stream of life

9. Let God's word refresh you

10. Alone in this country, reading Romans, and feeling refreshed and nourished. And it's amazing how much that can help

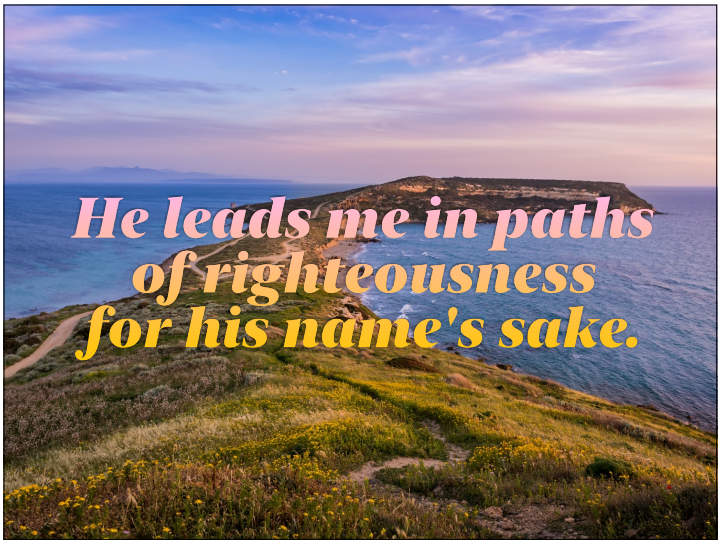


He restores my soul.



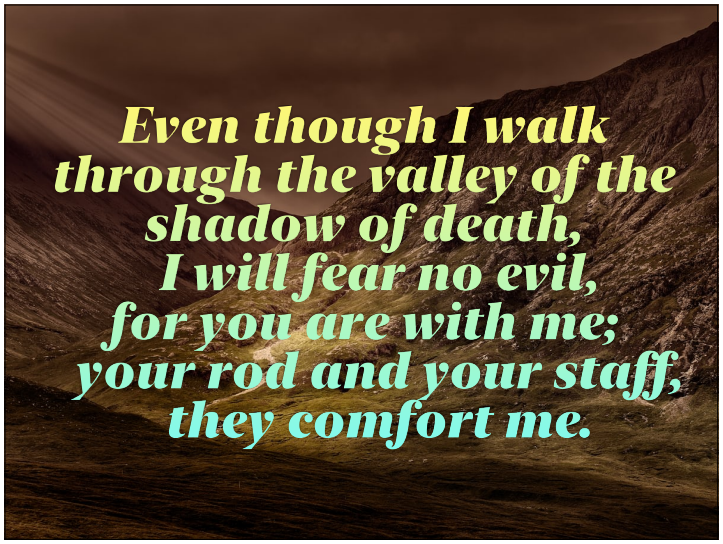
9. Let him guide you along the right path

10. How do we know what the right path is? For his name's sake — trusting that God will be glorified in it. In fact seeking and asking what will glorify his name

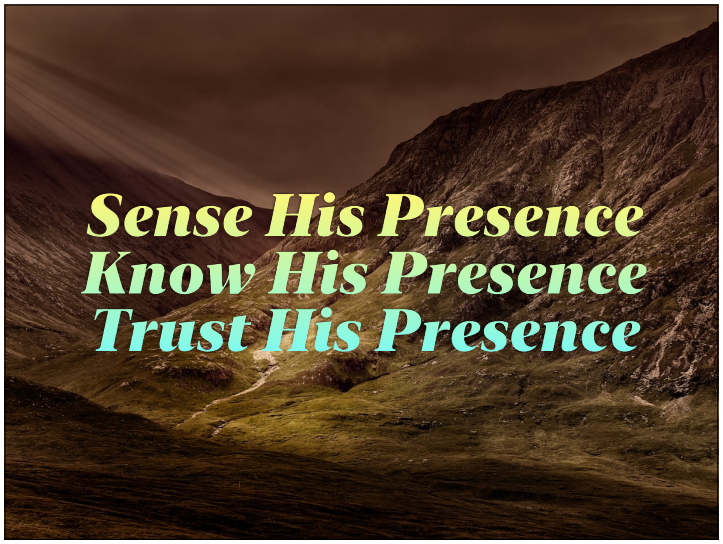


He leads me in paths of righteousness for his name's sake.


Walk His Paths
See His Glory



Even though I walk through the valley
of the shadow of death,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.



11. And then when it's times of anxiety, or uncertainty, or confusion or loss (v4)

12. Find comfort in his rod and staff

13. That he will protect us.

14. And even in the darkness, you can feel his staff on you so you can take comfort



You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.



16. God's Faithfulness —

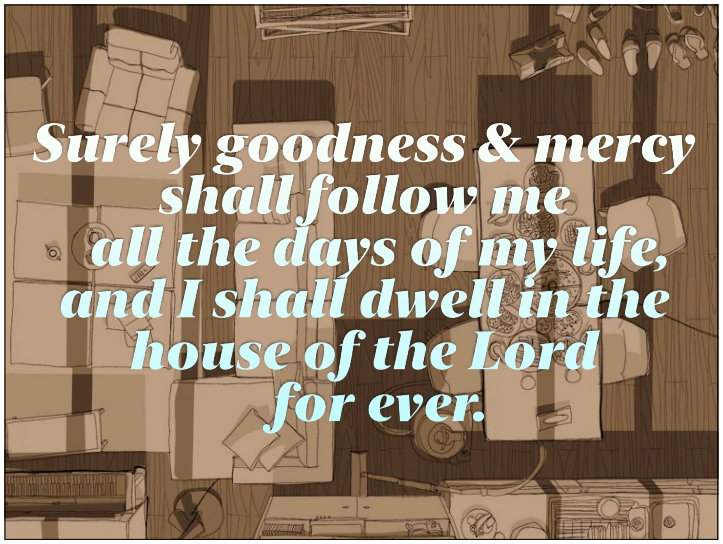
17. God's triumph —

18. Victory over earth worries, the troubles, the uncertainties of life

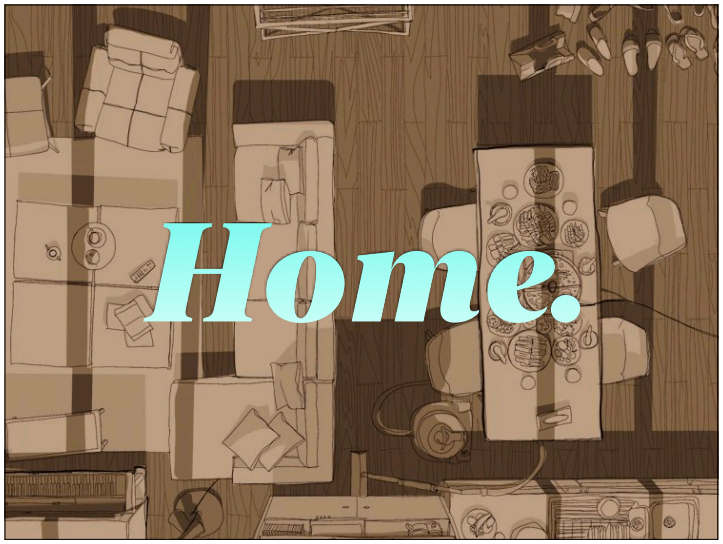
19. You will look back and even the enemies will say, wow their God is good.

Even the things against you, or the hardships, or the enemies, will be there and see how Good and how powerful and worthy God is.

21. The anointing, and the overflowing cup, the metaphor shifts from sheep, and there's this promise that God isn't just enough — he is overwhelmingly good. And so even when things seem difficult or dark, you can trust in his long term promise

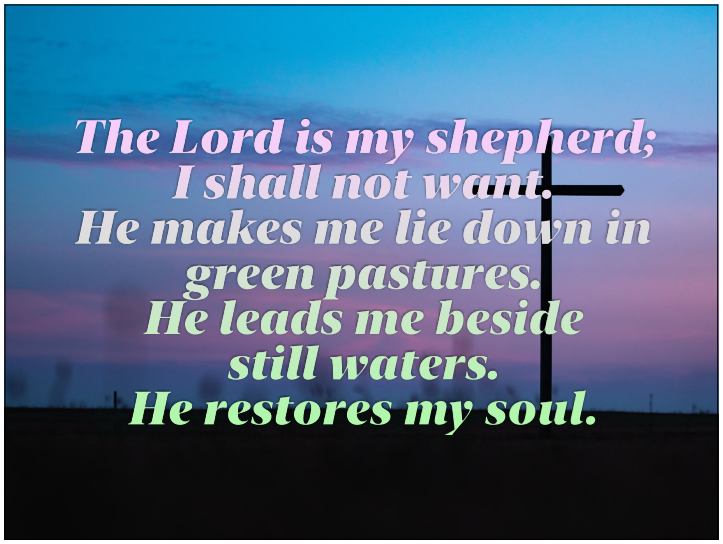


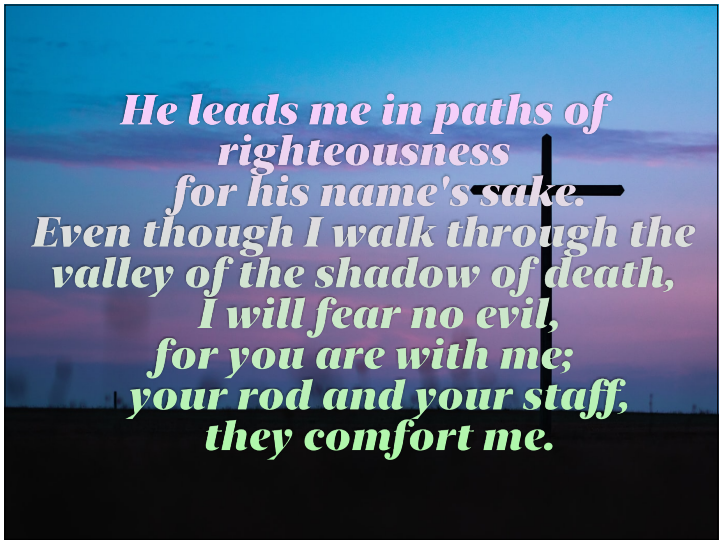
Surely goodness & mercy shall follow me
all the days of my life,
and I shall dwell in the house of the Lord
for ever.

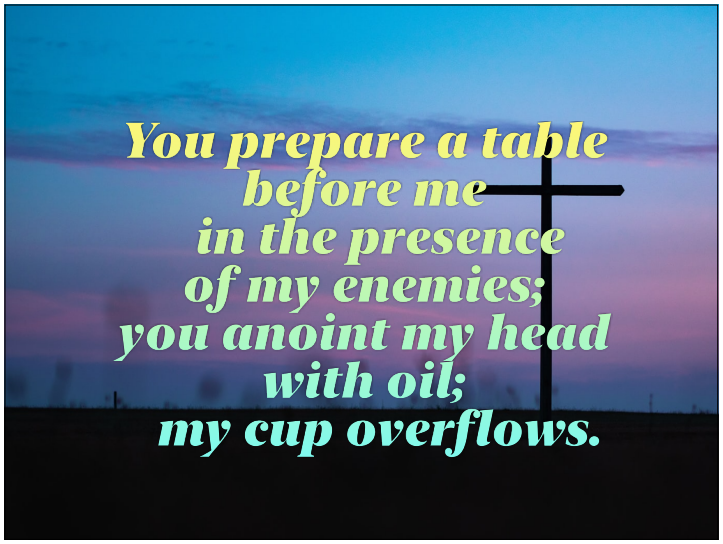


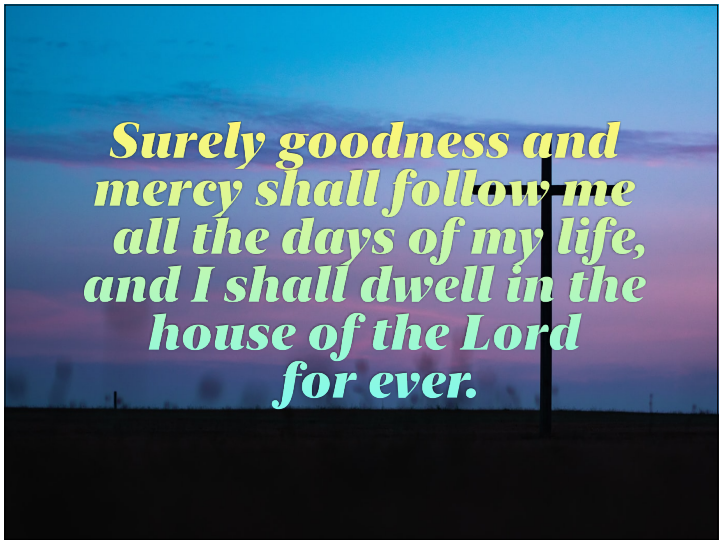
Goodness & Mercy

God will guide us through life — giving us rest — but we've got to lear to to trust in Him.
You will find rest, and pace in your life when you trust in HIm. When you let God shepherd you.
We can be victorious over the the worries, the troubles, the uncertainties in life.


The Lord is my shepherd;
I shall not want.
He makes me lie down in
green pastures.
He leads me beside
still waters.
He restores my soul.


He leads me in paths of
righteousness
for his name's sake.
Even though I walk through the
valley of the shadow of death,
I will fear no evil,
for you are with me;
your rod and your staff,
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You prepare a table
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