Kingdom Values

Health

investing **more** in health

why

should we invest more in health?

Or do you not know that your body is a **temple** of the **Holy Spirit** within you, whom you have from God?

You are **not your own**, for you were bought with a price. So **glorify God in your body**.

1 Corinthians 6:19

So, whether you **eat** or **drink**,
or **whatever** you do,
do all to the **glory** of God.

1 Corinthians 10:31

how

should we invest more in health?

how
disciplined
are we?

investing in **more** than health

Rather **train** yourself for **godliness**;
for while **bodily training** is of **some value**,
godliness is of value in **every way**,
as it holds **promise** for the **present life** and
also for the **life to come**.

1 Timothy 4:8

how

spiritually disciplined

are we?

Their end is destruction, **their god is their belly**, and they glory in their shame, with minds **set on earthly things**. But our **citizenship** is in **heaven**, and from it we await a Saviour, the Lord Jesus Christ, who will **transform our lowly body** to be like his **glorious body**, by the **power** that enables him even to subject all things to himself.

Philippians 3:19-21

I appeal to you therefore, brothers, by the mercies of God, to **present** your **bodies** as a living sacrifice, holy and acceptable to God, which is your **spiritual worship**.

Romans 12:1

So we do not lose heart.
Though our outer self is **wasting away**, our **inner self** is being **renewed** day by day. For this light **momentary affliction** is preparing for us an **eternal weight of glory** beyond all comparison…

2 Corinthians 4:16-17





For we know that if the **tent** that is our
earthly home is destroyed,
we have a **building** from God,
a **house** not made with **hands**,
eternal in the heavens.

2 Corinthians 5:1

Jesus.

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