

LIFEGROUP STUDY

GOD ALMIGHTY: COMPLETENESS & COMMUNION

WARMING UP (choose one or two bullet points)

- How does one take the best “selfie” ever? What’s the secret to you “nailing” a perfect selfie in your opinion?
- Show the rest of your group a selection of your selfies.
OR
- When you look at yourself in the mirror, what are the things you focus on? Why?
- What are your best/worst features of your body in your opinion?
- Selfies/mirrors can reveal some interesting things about us. We can either like what we see or be insecure with what we see. Which do you tend to steer towards? Why?

A HEALTHY DISCUSSION ON COMPLETENESS

1. Define the word “completeness” in your own words. Contrast it with a credible online definition.
2. *Insecurities:*
Moses—who was insecure about what he couldn’t do.

Grumbling and complaining:

the Israelites—who were dissatisfied with what they had or what they didn’t have.

Seeking approval:

Aaron—putting people or doing things first before God.

Of the above three examples Ansy mentioned in the sermon, share with the group what backstory you know about them.

3. Which of the above, do you relate to the most with and why?
Are there times you are prone to being insecure? Grumbling/complaining? Seeking approval? When? Where? And why?
4. Why do we all have a tendency to be this way, in order to feel “complete”?
What should be the biblical approach?
5. Spend some time reading Colossians 2:6-15, individually and then reading it together as a group. What warnings are presented here from Paul? Are there

These LifeGroup questions are structured to allow for deeper discussions following on from the Sunday sermon. However, please don’t limit yourself to just these questions, feel free to ask more questions as the Spirit leads. May the Spirit lead you and your group to dig deeper into knowing more about God.

examples of earthly teachings and philosophies of today that are not biblical, concerning being complete/feeling fulfilled/satisfied? Please share with the group.

6. In what ways does Paul emphasise that Christ is the one and true sufficient Saviour that completes us? List the benefits and treasures of having Christ in our lives.

A HEALTHY DISCUSSION ON COMMUNION

7. Define the word “communion” in your own words. Contrast it with a credible online definition.
8. What’s been your experience of “communion” in a collective Christian setting? As someone observing? Or your own experience of taking your first communion?
9. Why is this act of the Eucharist such an integral and important tradition of Christian faith?

THE IMPLICATIONS OF COMPLETENESS AND COMMUNION WITH GOD

10. Read Matthew 26:17-30, Mark 14:18-26, Luke 22:7-23, 1 Corinthians 11:23-29
These are the passages pertaining to the last supper and the practice of partaking in communion. What are some things that stick out to you from these passages?
11. These passages talk about table fellowship with the Lord and with others in a community. Is this the only time we have communion with the Lord? Why/why not? How should we go forward from here?

MOVING FORWARD IN PRAYER

If the LG leader thinks it appropriate and has the elements of bread/crackers and wine/grape juice to hand, feel free to have a time of remembrance and communion together as a group, as long as members in the group agree to it.
Then end the session with a time of praise & worship and/or thanksgiving prayers to the Lord concerning what He’s done for us.